

Queen Margaret College

*MIDDLE SCHOOL
HANDBOOK*

YEARS 7 - 10

2010

Introduction

Our Middle School programme provides an ideal foundation for Senior School. Comprised of a wide range of class, school and community focused activities/experiences; it specifically caters for the needs of girls from Year 7 to 10. These years are very important for future success as during that time, girls build those skills and competencies necessary for them to become independent learners.

Deans in the Middle School

Queen Margaret College prides itself on its family atmosphere. Each year level (Year 7 to 10) has a Dean who is responsible for student welfare and works with form teachers, subject teachers and parents. At the beginning of each year, the Deans host an evening for parents where they establish expectations for the year. Deans can be contacted by email or phone and are always happy to hear from parents and address any issues which may arise.

Middle Years Programme (MYP)

The College is implementing the International Baccalaureate Middle Years Programme, the philosophy of which fits perfectly with our beliefs about Middle School students and our existing holistic approach to education. MYP aims to help students develop the knowledge, skills and attitudes needed to participate responsibly in a changing and increasingly inter-related world. This means teaching them to become independent learners who can recognise relationships between school subjects and the world outside, and learn to combine relevant knowledge, experience and critical thinking to solve complex problems.

As illustrated in the MYP Curriculum Octagon below, the Learner Profile puts students at the heart of the programme. The QMC Learner Profile outlined below underpins all three IB programmes (Primary Years Programme, MYP and IB Diploma) and is applicable to learning at all levels of the College.

Queen Margaret College Students strive to be

- **Inquirers**
- **Knowledgeable**
- **Thinkers**
- **Communicators**
- **Open-Minded**
- **Principled**
- **Caring**
- **Risk-Takers**
- **Balanced**
- **Reflective**



The Learner Profile is a focus throughout the College at all levels and departments encourage students to develop these attributes through activities and learning programmes.

The MYP is guided by three fundamental concepts:

- Holistic learning
- Intercultural awareness
- Communication

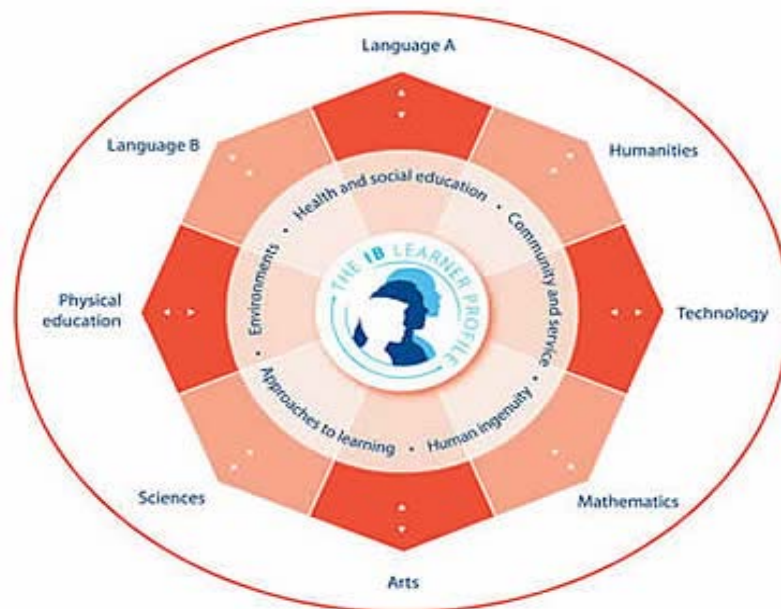
These three concepts are promoted and fostered through curriculum planning and delivery, extracurricular activities, House competitions, community service, exchanges, and leadership opportunities.

The curriculum contains eight subject groups together with a core made up of five areas of interaction. As shown in the diagram below, MYP demands students complete course work in the eight key learning areas:

1. Language A or English
2. Language B –a second language(s)
3. Physical Education
4. Sciences
5. Arts
6. Mathematics
7. Technology
8. Humanities

This is similar to the New Zealand Curriculum. However, in MYP the learning is extended as each key area is viewed through the five areas of interaction: approaches to learning, community and service, human ingenuity, environment, and health and social education.

The MYP Curriculum Octagon



Digital Technologies

In the Middle School curriculum girls are exposed to a wide variety of technologies and telecommunication tools. Information literacy, decision-making and problem solving a strong component of the programme with girls taught to choose the best tool for the job.

Gifted and Talented Education (GATE)

We run special extension programmes for our Middle School Gifted and Talented students whom we identify through standardised tests and teacher feedback. These students are catered for in a number of ways:

- A differentiated classroom programme
- Targeted streamed literacy programmes in Year 7 and Year 8
- Participation in a range of competitions e.g. ICAS, Regional Science Fairs, Otago Problem Solving, Literature Quiz, Tournaments of Minds
- Year 7 to Year 10 small group extension programmes – thinking skills, philosophy

Student Support

At Queen Margaret College we treat each girl as an individual and cater for her different learning needs through small group teaching and targeted help like explicit Literacy and Mathematics teaching. In Years 7 and 8 a streamed literacy programme targets student needs and caters for all abilities. In Years 9 and 10 the Additional English programme caters for students who need help with their literacy skills. This class is taken instead of a second language option in Year 9 and Year 10. Students must seek approval for this course from the Deputy Principal Junior and Middle School.

Career Services

Girls are encouraged to seek advice from our Careers Adviser, and general careers information is available in our College library.

Assessment

Assessment is an essential tool for raising student achievement. Girls are given clear criteria against which they can set goals in order to improve their performance. Feedback to students is critical as they gain knowledge, learn to reflect and transfer skills.

Assessment in the MYP is an integral part of learning, involving students in self-assessment and providing feedback on the thinking strategies and processes as well as the end result. Assessment is criterion-based and relates to subject objectives. Activities on which the girls are assessed can include open-ended problem-solving activities, investigations, organised debates, hands-on experimentation, analysis and reflection as well as the more conventional written assignments. The MYP assessment philosophy relies on teachers' professional expertise in making qualitative judgments the same way they do every day in the classroom.

Clear marking schedules are issued to students using the International Baccalaureate MYP Criteria and Achievement Level Descriptors where a 1 signifies minimal achievement in terms of the objectives, and an achievement level of 6- 10 depending on the Criterion signifies maximum achievement. At the end of the year a final grade of 1-7 (highest) is awarded for each subject based on an evaluation of student achievement in the Criteria.

Examinations

Middle School girls do not have to sit any formal examinations. However, in Years 9 and 10 a final assessment week is held in the last term of each year. All girls are awarded a final grade 1-7 for each subject in their end of year summative report. This is similar to the Diploma where a final grade of 1-7 (highest) is awarded for each subject.

Homework

All Middle Schools girls are expected to complete homework and meet deadlines. It is important they develop sound work and study habits to prepare them for the senior years of study. Deans at each level monitor homework expectations from all eight learning areas. Expected assessment dates are issued with course outlines at the beginning of the school year to allow girls to plan and develop time management skills.

Homework Guideline:

Year 7 – 1 hour each night

Year 8 – 1 to 1.5 hours per night

Year 9 – 1 to 1.5 hours per night

Year 10 – 2 hours per night

Many teachers and deans use the school intranet site to help with homework and subject specific work requirements. Parents also have access to pages on the school intranet. Their login is parent parent.

Log Books

Every girl in the Middle School uses a log book to record homework and school activities. Parents are asked to check the log books regularly and sign them on a Wednesday evening. This allows form teachers to do a weekly check each Thursday during form time. Log books contain a wealth of information about life in the Middle School and are designed to help girls organize and manage their time.

House System

The House System, introduced to Queen Margaret College in 1927, remains a strong tradition. Five Houses - Berwick, Braemar, Glamis, Lochleven, and Stirling - compete in a number of activities over the course of the year.

House Spirit and Colours are very much to the fore on sports days in Term One and Performing Arts/Music Day in Term Two. A number of other 'House' competitions are held for various year levels. Points are totalled at regular intervals throughout the year culminating in a traditional Banners Ceremony at Assemblies.

Exchanges

Queen Margaret College girls thrive on the opportunity to meet students from other schools in both sporting and cultural arenas. In the Middle School, sporting exchanges take place between other independent schools. Girls are often asked to host billets from our visiting schools and students from around New Zealand and Australia.

Individual Exchanges

In Year 10, two girls are selected for an exchange with St Margaret's School in Berwick, Australia. They spend six weeks in Melbourne and then host their Australian counterpart here at Queen Margaret College for the same length of time.

Scots Connection

Each year level enjoys activities with our brother school, Scots College. At least once each year, the girls take part in activities with Scots for which points are awarded. At the end of the school year, all the points from across all the year levels are totalled and the winning College awarded the Scots/QMC (QUOTS) Shield.

Leadership

One of the advantages of an all girls' school is the girls are the leaders. We actively encourage students across all year levels to develop leadership skills. Middle School girls have the opportunity to be elected as Class leaders or Community Service Leaders and House Representatives in Year 8, and House Leaders in Year 10. From Year 9 up girls are invited to become part of the Library Leadership team and can apply for positions at the beginning of the school year.

Service

Queen Margaret College has always had a strong tradition of service, and in the Middle School this has been further strengthened by the introduction of MYP with its Community and Service component. MYP encourages a sense of belonging to, and pride in, the school community as well as a willingness to contribute to the wider community both locally and globally. Each year level contributes to a charitable organisation or group through fundraising events like school-based Community Fairs, street collections or the giving of time.

EOTC/Field Trips

Education Outside the Classroom (EOTC) enriches the curriculum and is an essential part of students' learning and personal development. At the start of the year Middle School girls experience adventurous expeditions and activities as part of Camp Week.

The Year 7 Camp involves "overseas travel". The girls take the InterIslander ferry to Picton and from there it is a bus ride to Teapot Valley, just out of Nelson. Teapot Valley Christian Camp activities are varied, exciting and fun. Camp staff are supportive and enthusiastic, meals are top class and the accommodation is modern. This camp fosters good relationships, provides time to make new friendships, consolidate existing friendships and experience living away from home. Girls are encouraged to gain an interest in outdoor activities, develop new physical skills and fitness levels and take part in 'extreme' activities where they need to step outside their comfort zone.

Year 8 girls take part in a range of activities in and around Wellington. Activities may include kayaking, rock climbing, surf life saving, bush walks, exploring the local environment and swimming. The Year 8 programme allows girls to establish relationships in their new form classes as well as strengthening existing friendships.

Year 9

The Year 9 overnight camp takes place in February. As in Year 7 this is an ideal opportunity for students to develop new friendship and foster positive relationships. The venue for 2010 is yet to be confirmed

Year 10 – Year 11

Year 10 EOTC experience is all about building leadership skills and increasing resilience and independence. The Young New Zealanders Challenge of the Duke of Edinburgh Scheme, introduced in 2005, is the focus for Year 10 with all girls working towards achieving the Bronze Award (those who take part must be at least 14-years-old) which takes six to 12 months to complete. The girls must complete four parts: Service, Skills, Physical Recreation and Expedition. The latter involves girls taking responsibility for organising, carrying and preparing their food, shelter and clothing. The trip to Abel Tasman National Park in Year 11 is the exciting and challenging culmination of the girls' work towards completing the Bronze Award. Throughout the year, Year 10 girls are given opportunities to complete the service aspect and one week in Term 4 is devoted to teaching the skills needed for the expedition. The focus is on fitness, first aid, food preparation in the outdoors and learning how to put up tents. Kayaking and climbing skills are taught as well in preparation for the Year 11 camp.

MIDDLE SCHOOL CURRICULUM			
YEAR 7 MIDDLE SCHOOL	YEAR 8 MIDDLE SCHOOL	YEAR 9 MIDDLE SCHOOL	YEAR 10 MIDDLE SCHOOL
English	English	English	English
Literacy	Literacy	Additional English	Additional English
French	French	French	French
		Japanese	Japanese
		Spanish	(2011) Spanish
			ESOL
Humanities	Humanities	Humanities	Humanities
			Business Enterprise
Science	Science	Science	Science
Mathematics	Mathematics	Mathematics	Mathematics
Visual Arts	Visual Arts	Visual Arts	Visual Arts
Technology	Technology	Technology	Materials Technology
Music	Music	Music	Music
Drama	Drama	Drama	Drama
		Dance	
Physical Education	Physical Education	Physical Education	Physical Education
Health	Health	Health	Health
Religious Studies	Religious Studies	Religious Studies	Religious Studies
<i>Students take all of these subjects</i>	<i>Students take all of these subjects</i>	<i>Year 9 students choose 2 out of 3 languages</i>	<i>Students choose 4 options from the shaded subjects. A second language, a Technology option and an Arts option is compulsory.</i>

YEAR 11	IB DIPLOMA YEAR 12 & YEAR 13	YEAR 12 NCEA	YEAR 13 NCEA
English	English	English	English
		Media Studies	Media Studies
French	French	French	French
Japanese	Japanese	Japanese	Japanese
	Spanish (AB)		
ESOL	(2 nd Language) English	ESOL	ESOL
		Classical Studies	Classical Studies
		History of Art	History of Art
History	History	History	History
Geography	Geography	Geography	Geography
Business	Economics	Economics	Economics
	Business and Management	Accounting	Accounting
Science	Physics	Physics	Physics
	Chemistry	Chemistry	Chemistry
	Biology	Biology	Biology
	Environmental Systems and Societies		
Mathematics	Mathematics (HL)	Mathematics	Statistics and Modelling
	Mathematics (SL)		Mathematics with Calculus
	Mathematical Studies		
Visual Arts	Visual Arts:Painting, Photography	Computer Technology	Computer Technology
Materials Technology	Visual Arts: Textiles	Materials Technology	Materials Technology
			Design
		Photography	Photography
		Design and Painting	Painting
Music	Music	Music	Music
Drama	Theatre	Drama	Drama
		Physical Education	Physical Education
Physical Education	CAS	Recreational Physical Education	
Health	Health	Health	
Religious Studies	Theory of Knowledge	Religious Studies	
	Extended Essay		
<i>Students take 6 subjects and also the compulsory shared programmes</i>	<i>Students take 6 subjects and also the compulsory shared programmes</i>	<i>Students take 6 subjects and also the compulsory shared programmes</i>	<i>Students take 5 subjects</i>

MIDDLE SCHOOL PERFORMING ARTS

All Queen Margaret College girls are encouraged to become involved in the wider life of the school. Middle School girls are offered a range of cultural activities and register for most of these activities in Term One and Three. Awards in cultural activities (Buttons, Bars and Ferns) are offered by the College. Information about these is posted on the college intranet.

Drama:

Middle School production

For girls Years 7 to 10

Bi-annual

Rehearsals - after school twice weekly over a term with some Sunday rehearsals

Performance - evening, Public audience

Debating

A range of opportunities available within school or in Wellington Competitions

Co-ordinator: Catherine Elliott

School Musical

For girls Years 9 and above (Chorus may include Year 7 and Year 8 girls)

Bi-annual

Rehearsals - after school twice weekly over a term with some Sunday rehearsals

Performance - evening, Public audience

Melodrama - Performing Arts Day

For Year 10 girls

Students write, direct and act in a five minute melodrama as part of a school-wide House competition

Rehearsals - lunchtime and form time during Term Two

Performance - end of Term Two

Theatresports Club

For Middle School girls

Taken by Helen Jones

Meets Wednesdays 1pm-1.40pm

Year 9 Musicals

For all Year 9 girls

Students write, direct, sing, act and crew 30 minute musical

Public performance - end of Term Three

Music:

Minificat Choir

Year 7 and 8 students

Directed by Susie Hardie

Rehearsals - Tuesdays 12.45pm-1.30pm

Perform in *Artsplash* and at school functions and concerts



Senior Orchestra

For girls who have learned an instrument for two or more years
Directed by Tim Jenkin
Rehearsals - Thursdays 12.45pm-1.40pm
Performs at school functions including Prize Giving

Chamber Music

For competent Instrumentalists Year 9 and above
Coached by Music staff
Rehearsals as arranged
Perform for school events and secondary schools Chamber Music competition

Barbershop Chorus: Sweet Margaritas

For girls Year 9 and above
Directed by Tim Jenkin
Rehearsals - Thursdays 3.30pm-5pm
Sing for school events. Compete in the National Barbershop Competition

Queen Margaret Chorale

Senior Auditioned Choir for girls Year 10 and above
Directed by Rosemary Russell
Rehearsals - Tuesdays 3.30pm-5.30pm
Sing for school events and services. Compete in *The Big Sing*

Music and Speech Lessons: a team of itinerant tutors give music and speech lessons at Queen Margaret College. Fees are payable directly to the tutors. Registration forms are available on the website, and forms should be returned at the beginning of the school year.



MIDDLE SCHOOL SPORT

At Queen Margaret College we provide extensive opportunities for students to participate in a wide range of activities, building skills and competencies and allowing for the pursuit of excellence. Awards (Buttons, Ferns and Bars) in sporting activities are offered by the College. Information about these is posted on the college intranet.

General

Each student will have access to sports information via the intranet so that in consultation with her parents, each girl can make an informed choice about what sport to do in 2010. To register for a sport at QMC, complete the registration form on the intranet and return it to the sports department.

Fees

Fees are calculated to include all costs relating to the particular sport i.e. registration fees, coaching expenses, hire of venues, uniform costs, hospitality costs and equipment costs. These may change depending on how many students participate in a sport. One-off expenses relating to any additional tournaments will be an extra cost. All fees will be charged to school accounts unless otherwise informed.

Transport

Shuttles may be organised to transport students to and from games and /or training. The costs involved are shared among the students using the shuttles and will be charged as a separate cost at the end of each term. The following is a guide to costings:

Travel in Wellington City: \$4 - \$6 one way, per student

Travel to the Hutt Valley: \$7 - \$10 one way, per student

Travel to Paraparaumu: \$15 - \$20 one way, per student

These costs are approximate and based on 10 students using the shuttle one way.

Uniform

The white sports shirts are available from the Uniform Shop and must be worn by all QMC sports teams. In all cases the uniform is non-negotiable. The school has to register its playing uniform when we affiliate so no exceptions are possible. Tracksuits or playing uniforms must be worn to and from venues. Naturally we expect all girls to be clean and tidy in all situations. Anything other than the playing uniform and school tracksuit to and from games is unacceptable.

Websites

Most codes have a website which relay all information relating to that sport, including weekly draws, rules, general information, cancellation procedures, upcoming workshops etc. The website addresses have been listed below each code in this booklet.

Fair Play & Parents Code of Conduct

On the registration form students and parents are asked to sign a declaration agreeing to abide by the Fair Play promise and the Code of conduct outlined below. The school expects this to be adhered to at every level and in every code.

Fair Play

The College abides by the rules of Fair Play. For the players these are:

1. Play by the rules
2. Never argue with an official
3. Work hard to do my best at all times
4. Turn up to practice
5. Be a good sport and recognise good players and good plays by all involved
6. Remember to thank my coach, the officials, the opposition and supporters
7. Help others in my team when I can
8. Avoid putting people down or bullying them

Parents Code of Conduct

To assist the students to abide by the College's Fair Play, we have a Fairplay Promise for Parents/Caregivers and Supporters:

I promise to:

1. Encourage my child, and other people's children, in their efforts in sport
2. Insist that my child plays within the rules and by the principles of Fair Play
3. Respect my child's efforts the same regardless of whether she has won or lost
4. Display self-control on the sideline. Be positive, never shout at or ridicule players
5. Watch my child play and let her enjoy the game.
6. Show my appreciation to people who volunteer their time so my child can play and practice
7. Remember that my child plays sport for her reasons not mine
8. Never place undue pressure on my child to play or perform

Athletics	Years 9 –13	Term 1
Training:	Will be confirmed, dependent on interest	
Competition:	At the discretion of the athlete	
Transport:	Shuttles to Newtown Stadium	
Uniform:	White QMC sports shirts Navy blue PE shorts QMC tracksuit White socks and sneakers	
Cost:	Approx \$4 - \$6 (Shuttle cost)	

Badminton	Years 9 - 13	Terms 2 & 3
Training:	1 session per week at Badminton Hall or at QMC under the guidance of a professional coach.	
Competition:	Year 9 & 10 after school on Thursday starting at 4pm. Year 11 – 13 after school on Friday starting at 4pm. Games are played at either Badminton Hall in Hataitai or school gyms	
Transport:	Shuttles will be arranged for away matches to and from the venue at a cost to parents	
Uniform:	White QMC sports shirts Navy blue PE shorts White socks and sneakers	
Equipment	Own racquets are required.	
Cost	\$40	
Website	www.collegesport.org.nz	

Basketball	Years 7 - 8	Terms 2 & 3
Training	Dependent on parent help, usually one training a week.	
Competition:	Fridays between 3.30pm & 8.00pm Teams play in a mixed grade. Games are played at the Nairnville Recreation Centre in Khandallah.	
Transport:	Each student needs to find their own way to and from the venue.	
Cost	\$25	
Uniform	White QMC sports shirts Navy blue PE shorts QMC tracksuit and / or rugby jersey.	
Coach:	A requirement of entry for these teams is that there is a parent willing to act as coach or manager of each team.	
Basketball	Years 9 - 13	Terms 2 & 3
Training:	Juniors – Year 9 & 10: Once a week, 4pm (day TBC) Seniors – Year 11 – 13: Once / twice a week, 5pm (day TBC)	
Competition:	Seniors: Fridays between 5 and 8pm at various school gymnasiums Juniors: Tuesdays between 4 and 6pm at various school gymnasiums	
Transport:	Shuttles are arranged to and from matches at a cost to parents.	
Cost	Juniors and Seniors: \$90 plus transport costs of about \$100. Senior A Only - Basketball strip (provided by College).	
Uniform:	Sport tracksuit and QMC rugby jersey. Senior & Junior Teams QMC basketball singlet to be purchased from the Uniform Shop Navy blue PE shorts. Sport tracksuit and QMC rugby jersey.	
Website	www.collegesport.org.nz	
Cricket	Years 9 – 13	Term 1
Training Days:	Training will be at Wellington Girls' College one day after school a week	
Competition:	Thursdays, 4.00pm	
Cost	\$25 dependent on numbers	
Uniform	QMC white sports shirts Navy blue PE shorts White socks and sneakers Sport tracksuit	
Venue	Various grounds around the region	
Website	www.collegesport.org.nz This sport will only be available if there are enough interested students to form a team.	
Cross Country	Years 4 - 8	Term 2
Training:	Lunchtime runs Term 1 – 2	
Competitions:	QMC Year 4-8 Cross-Country Western Zone Cross Country Inter-Zones Cross Country Regional Cross Country Nationals	
Transport:	Bus / shuttles / private cars will be organised to and from competitions.	
Cost	Shuttle cost will be dependent on numbers involved	
Uniform:	QMC white sports shirts Navy blue PE shorts	

Cross Country **Years 9 – 13** **Terms 2 & 3**

Road Racing

Training: Individual to organise
Competition: Teams will be selected to attend:
CSW Relays
CSW Cross Country
CSW Road Racing Championships
These events encourage team results (3 or 6 runners per team)
Transport: Shuttles can be organised to and from events at a cost to parents.
Cost: Entry fees to competitions etc travel and accommodation will occur.
Uniform: QMC white sports shirts / singlet
QMC navy shorts
Website: www.collegesport.org.nz

Hockey **Years 7 & 8** **Terms 2 & 3**

Training: One night after school at Shed 1, Queens Wharf
Shuttles will be provided to training only
Competition: Saturday mornings at various turfs around the city.
Transport: All teams must find their own way to and from games.
Cost: To be advised
Uniform: White QMC sports shirts
QMC navy blue shorts.
shin pads, mouth guard and turf shoes.

Hockey **Years 9 - 13** **Terms 2 & 3**

Training: 1st XI Mondays 5.00 – 5.45pm at the National Hockey Stadium. Other teams TBC
Competition: 1st XI will play between 4.00 and 9.30pm on Thursday night at NHS,
Fraser Park or Elsdon
Other teams will play between 4.15 & 6.30 p.m. Tuesday at Elsdon.
Wednesday (depending on the Youth Hockey Programme) at NHS or Fraser Park
Girls are responsible for making their own way to and from training.
Transport: If games are before 5pm, shuttles will be organised to the venue but students must find their own way home. If games are after 5pm students must find their own way to and from the venue.
All Senior Teams:
1st XI: 1st XI Playing top
Cost: \$160 plus any transport costs.
Uniform: Navy socks
QMC tracksuit and QMC rugby shirt.
Other teams - Sport tracksuit,
White QMC sport top,
Navy socks
Shin pads, mouth guard and turf shoes for all teams
Website: www.wellingtonhockey.org.nz
Reminder: Students cannot play Hockey and Soccer, due to the time clashes.



Netball **Years 7 & 8** **Terms 2 & 3**
Training: One lunchtime a week
Competition: Newlands College or Newlands Intermediate, Saturday Mornings
Transport: Students to find their own way to and from Training and matches.
Uniform: White QMC sports shirts,
 QMC navy blue netball skirt,
 White socks and sports shoes.
 QMC tracksuit
Cost: White, navy blue or black polyprop
Website To be advised
 www.nsnnetball.co.nz

Netball **Years 9 - 13** **Terms 2 & 3**
Training: These will generally be after school at QMC.
Competition: Years 9 -13 - Saturday between 8.30 - 5.00pm at Hataitai Netball Courts.
Transport: Students to find their own way to and from training and matches.
Uniform: **Senior A:** playing uniform
 Sport tracksuit
 QMC rugby jersey.
All other Teams:
 White QMC sports shirts,
 QMC navy blue netball skirt,
 White socks and sports shoes.
 QMC tracksuit
Cost: \$85
Website www.netball.wellington.net.nz

Rowing **Years 9 – 13** **All Year**
A separate registration process will need to be completed. Please indicate on the return form if your daughter is interested in rowing for the 2010/2011 season. The approximate cost of Rowing for the season is \$4000.

Sailing **Years 9 – 13** **Term 1**
Training Days: Each school is allocated one day a week, TBC 4.00 – 7.00pm
Transport: Shuttles or Bus to Evans Bay Yacht and Motor Boat Club
Uniform: Appropriate training gear
Cost: \$150
Coaching: Through the Tup Radford Intercollegiate Yachting Academy
 The academy employs a sailing coach, owns 8 x 420 yachts (2 sailors each yacht), and a support boat. The academy brings new young people into the sport of sailing and also trains sailors to the racing level.

Skiing **Intermediate Champs (Year 7 & 8)** **Senior Champs (Years 9 – 13)**
Training: Individual to organise
 Year 7 & 8: North Island Year 7 & 8 Intermediate School Championships Whakapapa
 Senior: North Island Secondary School Skiing Competition Turoa
Transport: Parents will need to be available to transport the team to and from the competition
Cost: The competition costs include entry fees, travel, food and accommodation.
 Entries will be called for closer to the competition date.
 If parents are able to assist with accommodation arrangements please indicate this on the registration form

Soccer **Years 7 – 13** **Terms 2 & 3**

Training: Mondays, 4.00 - 5.30pm at Kelburn Park.

Competition: Wednesday after school at various grounds.
Senior Social Teams: Tuesdays after school at various grounds.

Transport: Buses are used to transport the teams to Kelburn Park for training.
Shuttles are used to transport teams to matches, all at a cost to parents.

Uniform: 1st X1: QMC strip provided by school plus QMC tracksuit.
Others: QMC white sports top,
Navy shorts
Navy and white socks.
QMC tracksuit.

Cost: \$60.00 approx. plus any tournament costs

Website: www.collegesport.org.nz

Reminder: Students cannot play Soccer and Hockey due to the time clashes. As there is no Year 7 & 8 midweek competition this age group must play in the Year 9 & 10 grade



Squash **Years 7 & 8** **All Year**

Training: Wednesdays 1.00 – 1.30pm at Thorndon Courts.

Transport: Girls walk to and from Thorndon Courts

Uniform: PE uniform

Cost: \$60

Coach: Mr Andy Wheeler
A minimum of 6 students is required for this sport to be offered

Tennis **Years 9 – 13** **Term 1 & 4**

Training: No Training for any Tennis Team

Competition: Junior: Year 9 & 10 play on a Tuesday after school
Senior: Open to all Year groups on a Thursday after school

Team Selection: The Senior A Team will be selected using the Top Dog Scale through Wellington Tennis

Transport: Shuttles if necessary to various Colleges around Wellington

Uniform: QMC white sports shirts
Navy blue PE shorts
White socks and sneakers
QMC tracksuit

Equipment: Students must have their own tennis racquet. Tennis balls are supplied

Cost \$25 dependent on numbers

Grades: Please indicate on the return form what Grade your daughter will play:
Seniors – Regional, A Grade, B Grade
Year 9 & 10 – A Grade, B Grade

Website www.collegesport.org.nz
It is important the College has parent managers for each of the tennis teams entered.
Please indicate on the return form if you are able to help with this.

Touch Rugby **Years 9 – 10** **Term 1 & 4**
 Training: Will be held at Wellington Girls, training day to be confirmed.
 Competition: Tuesdays
 Transport: Shuttles to McAlister Park, Liardet Street, Berhampore
 Uniform: QMC white sports shirts
 Navy blue PE shorts
 Sport or fleece tracksuit
 Cost: \$25 plus any travel costs
 Website: www.collegesport.org.nz



Uwh Mini League **Years 6 – 8** **All Year**
 Competitions: They are played at Huia Pool in Lower Hutt on Saturday evenings.
 Tournament dates: 5 Saturday nights throughout the year
 Transport: Students to find their own way to and from the venues.
 Uniform: QMC / dark blue togs, fins, masks and snorkel. Sticks and gloves will be provided.
 Cost: \$20 per tournament

Underwater Hockey **Years 9 – 13** **Terms 2 & 3**
 Training: Sunday 5.00 –6.30pm at Kilbirnie Pool
 Once girls are selected for a team, they are committed to attend coaching and play in the competition every week.
 Competition: League: Starts March, finals end of August.
 Games are played on Tuesday nights at WRAC from 7.30pm and on Friday nights at Huia Pool from 7.10 pm.
 Tournaments: Central Schools Qualifying Tournament will be held in May at WRAC.
 The 2010 New Zealand Secondary Schools Championships are being held in Tauranga.
 Transport: Students to find their own way to and from Training and games.
 Uniform: School UWH togs.
 Cost: \$90
 Trials: The preseason league will be used as trials for this sport. At the completion of the third week, a senior and junior team will be named.
 Website: www.underwaterhockey.org.nz

Volleyball **Years 9 – 13** **Term 1**
 Training: TBC
 Competition: Year 9 & 10: Wednesdays
 Years 11 – 13: Fridays
 Transport: Shuttles to various colleges around Wellington
 Uniform: QMC white sports uniform
 Navy blue shorts
 QMC tracksuit
 Cost: \$25 plus any travel costs
 Website: www.collegesport.org.nz



Passionate Learners

Resilient Women

Future Leaders

www.qmc.school.nz